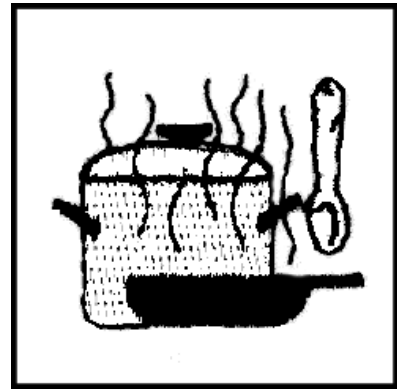


COOKING FUN



1. Help set the table for 2 meals a day for 1 week.
2. What is the proper order to wash dishes?
3. Help wash the dishes for 1 week.
4. Name the 4 basic food groups.
5. Make the following:
 - a. a sandwich
 - b. a drink
 - c. a fruit salad
 - d. a vegetable salad
 - e. a no-bake cookie
 - f. a baked potato
 - g. a cooked vegetable
6. Share one of the above with a friend.

HELPS:

4. Helpful brochures may be found on grocery store racks.

More info available at the Conference Adventurer Dept.