



SEVENTH-DAY ADVENTIST CHURCH

Adventurer Leader



A NEWSLETTER FOR THOSE WHO LEAD CHILDREN AND PARENTS IN ADVENTURER MINISTRY

2005 NAD

Adventurer

Leadership

Convention

February 24-27,

Doubletree Hotel,

Portland

Oregon

(800) 732-7587

or

www.plusline.org

Presidential Fitness Award

What is it and where do we get it? It is listed as a part of several of the awards. To get more information, the Presidential Fitness Award website is: <http://www.fitness.gov/challenge/challenge.html> or contact them at:

PCPFS
Department W
200 Independence Ave., SW
Room 738-H
Washington, D.C. 20201-0004
Phone: 202-690-9000
Fax: 202-690-5211

On the website you can download handouts, information sheets, order forms and other physical fitness resource material that is age appropriate.

There are several levels of the award. Each award recognizes different levels of physical fitness. No one gets left out.



The Participant Physical Fitness Award... is designed for students who complete the five exercise items, but whose scores fall below the 50th percentile on one or more tests.



The Health Fitness Award... recognizes students who achieve a healthy level of fitness.



The Presidential Active Lifestyle Award (PALA)... recognizes students who participate in daily physical activity of any

type for 5 days/week, 60 minutes a day or 11,000 pedometer steps for 6 weeks. Repeated 6 week participation merits additional recognition. For more information, view the PALA Fact Sheet.

The cost is reasonable. A certificate, patch/emblem and stickers averages at 1.75. Each year after is

1.50. All the information

is located in a free, easy to download 32 page manual that is in pdf format.

You can also get it by mail. They even have t-shirts priced based on quantity. The lowest order ranges from 7.35 to 9.95.



The Presidential Physical Fitness Award... honors students who demonstrate an outstanding level of fitness by scoring above the 85th percentile on all five fitness tests.



The National Physical Fitness Award... recognizes students who score at or above the 50th percentile on all five standard exercises.

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A newsletter for those who lead children and parents in Adventurer Ministry

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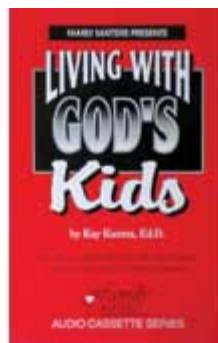
Resource Review

Pre-School Craft Play--Group Publishing. Discover over 100 just-for-fun crafts for preschoolers and the teachers who love them! Each craft is simple to make, fun to play with, and encourages creative expression in children. Included: craft ideas for each month of the year, special events, and holidays. ISBN: 1559456108 Retail \$5.10

Nativity Craft--Group Publishing. Sale Price 5.99 Normally 9.99 <http://www.grouppublishing.com/prodinfo.asp?prodid=1846> Bring your families together in a fun, family-friendly way to make a beautiful keepsake nativity scene! Enjoy the Christmas story with your children as you create lasting memories with this keepsake Nativity Celebration Kit. The kit includes 5 undecorated wooden figures that families decorate together. The storage box includes a colorful background scene and a complete script for use at home, at church or at a family nativity celebration event. ISBN: 10208



Living with God's Kids, Audio Seminar--Advent Source Catalog #802003 Kay Kuzma \$30.00 Listen to Dr. Kay Kuzma as she presents to a live audience these fascinating topics:



- Helping Children Develop Family Loyalty
- Making Your Presence Count
- Optimism in a Pessimistic World
- Biblical Child-rearing Lessons
- Six Steps to Developing Talents
- Learn to Love Worship
- Teaching Children to Talk to God
- Turning the Terrible into the Terrific

Growing a Child's Character God's Way--Advent Source Catalog #010921 Director: Donna Habenicht VHS \$79.95 Growing a Child's Character God's Way—Participant's Guide (\$1.95)



Values and character are hot topics as we enter the new millennium. We have been bombarded with illegal and immoral actions by government officials, business leaders, parents and school children.

What does the Bible say about values and character?

What are Christian values?

How can you help your child let basic Christian values guide their lives?

Growing a Child's Character God's Way will take you step by step from developing family values to helping your child making the right decisions. In this series of video seminars you will learn how to:

- Make God Real
- Live the Values
- Protect Your Child's Mind
- Make Right and Wrong Very Clear
- Develop Self-Respect and Confidence
- Give Lots of Practice in Making Decisions
- Show Your Child How to Deal With Peer Pressure

These general guidelines from the foundations from which specific values emerge. Each seminar includes group activities that will help you personalize what you have learned for your family. Discover God's way to teach values to your child.

Use these seminars in small group study, at mid-week meetings, home and school seminars, or as an individual parent or caregiver.

November's
Feature
Columbia
Union

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